Scientific Program

Thursday, 15 th May 2025	
07:30-09:15	Registration
09:15-10:15	Welcome Ceremony
10:15-11:00	KN-01 How useful are research results for decision makers? The new Medical Research Council Framework for Complex Interventions Prof. David Richards, Bergen, Norway Chair: Hanna Tuvesson
11:00-11:30	Coffee Break
11:30-12:15	KN-02 Service user involvement in mental health research — A Consolidation between rational and personal experiences Sabine Rühle-Andersson, Bern, Switzerland Chair: Alexei Sammut
12:15-13:30	Lunch
13:30-14:30	Concurrent A (Auditorium) – Chair Jacqueline Rixe C-01 An Introduction into Trauma Informed Practice in Mental Health Settings Lauren Keegan Ireland C-02 Reiterating the need for trauma-informed and anti-oppressive spaced for disclosures of sexual violence: Learning from those who have lived through it Candice Wadell-Hanowitch Canada C-03 Implementing complex interventions in mental health nursing: Post Traumatic Growth Brenda Costello Ireland Concurrent B (Seminarraum 1) – Chair Gisli Kort Kristofersson C-04 Innovating Outpatient Care: Nurse-Led Clozapine Clinics in Iceland with a Holistic and Service-User Focus Rannvelg Thorsdottir Iceland C-05 Follow-Up of Antipsychotic Treatment Adherence to Clinical Guidelines at Akureyri Hospital Guðrún Ásbjörg Stefánsdóttir Iceland C-06 Parenting in Precarity: Psychosocial and Family Health in the Context of a Precarious Residential Status in Switzerland Sabrina Laimbacher Switzerland Concurrent C (Seminarraum 2) – Chair Martina Dubovcová C-07 Bridging Islands in the Stream: The Pivotal Role of Mental Health Nurses in Integrating Mental Health and Addiction Care Jürgen Magerman Belgium C-08 The short time of sleeping and selected clinical problems as area of tasks for the professional team in the therapy of patients with alcohol dependence Damian Carenecki, Judyta Rogóż Poland C-09 Conceptualizing and Applying Tabletop Role-Playing Games in Inpatient Psychiatric Care and Adolescent Addiction Treatment: An Integrative Review Aleš Zajc Slovenia Concurrent D (Seminarraum 3) – Chair Michael Löhr S-01 The implementation of the complex intervention Safewards in two clinics in Germany (Symposium) Michael Löhr Germany Emilio Velasquez Germany Emilio Velasquez Germany

	Concurrent E (Aguino Loungo) Christian Consu
	Concurrent E (Aquino Lounge) – Chair Uwe Genge WS-01 Beyond Recovery – An integrative ecosystems approach to mental health and
	wellbeing (Workshop)
	Peter Wolfensberger Switzerland
14:30-15:00	Coffee Break
	Consurrant A (Auditorium) Chair André Niemahan
	Concurrent A (Auditorium) – Chair André Nienaber • S-02 Guided Self Determination (GSD) – Making empowered decisions (Symposium)
	Severe Mental Illness and requirements Nora Bötel Switzerland
	Guided Self-Determination: Development and Training
	Izaskun Altemir Garcia Denmark
	The Guided Self-Determination Method: Evidence and Implementation Rikke Jørgensen Denmark
	 Concurrent B (Seminarraum 1) – Chair Dorothea Sauter C-10 Facilitating and Hindering Factors in Recovery: Insights from Expert Interviews
	and Focus Groups with Affected Individuals-Oriented Psychiatric Care Ingo Tschinke Germany
	C- 11 Effects of the Discovery Group from the Tidal Model in impatient psychotherapy
	Edgar Mehlmann Germany
	C-12 From overpowering to EMPOWERING Ruth Finlay; Aisling McCullagh Ireland
	Concurrent C (Seminarraum 2) – Chair Tomas Petr
15:00-16:00	C-13 Perspectives of Healthcare Professionals on Cross-sectoral collaboration Be- tween Mental Health Centres and Municipalities: A Qualitative Study
	Kim Jørgensen Denmark
	C-14 Introduction of a Clinical Skills Facilitator Role in a Mental Health Setting
	 Mary Corrigan Ireland C-15 Improving Physical Health among Psychiatric outpatients: A Preventative Ap-
	proach in Mental Health Nursing
	Peter Hjorth Denmark
	Concurrent D (Seminarraum 3) – Chair Susanna Flansburg
	C-16 Best Practice Principles for Implementing Psychosocial Interventions into Adult
	Mental Health Nursing Practice
	 Sarah Roche Ireland C-17 Shared decisionmaking for a more person-centred health care and social ser-
	vices for people with psychiatric conditions
	Louise Kimby Sweden
	Concurrent E (Aquino Lounge) – Chair Liesbet van Bos
	WS-02 Therapeutic work in mental health nursing – a puzzle consisting of science, ed-
	ucation, practice and management (Workshop) Sven Andersson Switzerland
	Katja Rother Switzerland
16:00	Change into Auditorium
16:15-16:30	Music
	KN-03 Navigating Complexity in Psychiatric Care to avoid Coercion: Exploring Joint Crisis Plans
16:30-17:15	as a Complex Intervention
20.30 17.13	Jacqueline Rixe, Bielefeld, Germany
17.15	Chair: Michael Mayer
17:15	Closing 1st day

17:40-19:00	General Assembly Horatio-European psychiatric nurses
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Friday. 1	.6 th May 2025
08:20-08:30	Welcome
08:30-09:15	KN-04 Willingness to change? Mental health nurses' reactions to implementation of a complex intervention Dr. Rikke Jørgensen, Aalborg, Denmark Chair: Sucanna Elanshurg
09:15-10:00	Chair: Susanna Flansburg KN-05 Advanced practice mental health nursing; what is it good for? Prof. Gisli Kort Kristofersson, Akureyri, Iceland Chair: Aisling Culhane
10:00-10:30	Coffee Break
10:30-11:30	Concurrent A (Auditorium) – Chair Susanna Flansburg • C-18 Service users' experiences and perceptions of carer support and involvement in care and treatment in adult mental health inpatient settings: a systematic review and thematic synthesis Ellen Boldrup Tingleff Denmark • C-19 Working beyond the individual: how systemic therapy by an APN finds its value in a Belgian mental health hospital Julie Vandekerckhove Belgium • C-20 The FSI forensic project: Family Support and Involvement in forensic mental health settings Ellen Boldrup Tingleff Denmark Concurrent B (Seminarraum 1) – Chair Alexei Sammut • C-21 Navigating Dementia Care in the Community: A Multidisciplinary Approach to Supporting Patients and Caregivers Mark Vassallo Malta • C-22 Therapeutic Lying in the context of dementia care Felix Friedrich Lenz Germany • C-23 Interdisciplinary, Coordinated, and Structured Care for Severely Mentally III Patients: Emphasizing the Role of Psychiatric Home Care in Germany Ingo Tschinke Germany Concurrent C (Seminarraum 2) – Chair Jacob Helbeck • C-24 The needs of families living with a loved one with schizophrenia Tina Hägg-Haapanen Finland • C-25 'I feel like the burden of the world is on my shoulders': A phenomenological qualitative study on the life experiences of adult children of parents with schizophrenia Turba Pehlivan Sanbudak Turkey • C-26 The Effect of Bibliotherapy-Based Psychoeducation Program on Parenting Perceptions of Parents with Special Needs Children Rojinda Ucok Turkey • C-27 Transforming Care: Co-produced Interventions to Enhance Patient Safety in Complex Mental Health Settings – A PhD Study Trine Vintersborg Demmark • C-27 Transforming Care: Co-produced Interventions to Enhance Patient Safety in Complex Mental Health Settings – A PhD Study Trine Vintersborg Demmark • C-29 The long way to a program theory for debriefing after coercion Sobine Hohn Switzerland Concurrent E (Aquino Lounge) – Chair Georg von Ungern-Sternberg • WS-03 Recovery College:

11:30	Stay, Change rooms or Stretch legs
	 Concurrent A (Auditorium) – Chair Gisli Kort Kristofersson C-30 Constant observation in psychiatric inpatient care as a complex intervention Lars Alsbach Germany C-31 The impact of coercion on patients' recovery in psychiatric wards: Systematic review of qualitative literature Páll Biering; Hrafnhildur Benediktsdóttir Iceland C-32 Can the participation of nurses in psychiatric coercion be justified any longer? Empirical and ethical analyses Dirk Richter Switzerland Concurrent B (Seminarraum 1) – Chair Martina Dubovcová
	 C-33 Health matters, even on the street. Street nursing and homelessness Charlotte Ruyssen Belgium C-34 Design thinking in Action: Tackling unforeseen challenges in Refugee Mental Health Michael Gibbons Ireland C-35 The Relationship between Internalized Stigmatization and Adherence Among Syrian Refugees with Mental Disorders Gül Dikeç Turkey
11:45-12:45	Concurrent C (Seminarraum 2) – Chair Saskia Flegel C-36 Inner calm in turbulent times -The effect of mindfulness on people with psychotic disorders- Eileen Fulde Germany C-37 Using Virtual Reality Headsets for Relaxation in mental health care settings Ciaran Cuddihy Irland C-38 Effect of psychoactive hand massage on patients in the setting of a geriatric psychiatric day clinic Patrick Lemli Germany
	S-03 Enhancing Interprofessional Collaboration and Complex Interventions in Family-Centered Care: Exploring Potential for Sustainable Approaches in Germany and Switzerland (Symposium) Enhancing Collaboration Skills Through Training: A Study on Complex Interventions in Psychotherapy Maylien Keimeier Germany Sustainable Interinstitutional Cooperation in Family-Centered Care: Insights from the Family-Medicine-Center Gütersloh (ZFM-GT) Fabian Klein Germany Cross-system cooperation in the context of family medicine André Nienaber Switzerland
	WS-04 Consultation liaison Psychiatry and mental health care: Expanding the role of APNs (Workshop) Ragnheiður Bjarman; Þórey Rósa Einarsdóttir Iceland
12:45-14:00	Lunch
14:00-15:00	Concurrent A (Auditorium) – Chair Tomas Petr C-39 A standard suicide risk assessment – treatmentplan to ensure patient safety Julia Brynjólfsdóttir Iceland C-40 The Importance of a Process Perspective in Intimate Partner Homicide (IPH) Prevention Karin Örmon Sweden C-41 Complex interventions? Children exposed to parental suicidal behaviour
	Geir Tarje Bruaset Norway

14:00-15:00	Concurrent B (Seminarraum 1) – Chair Jacqueline Rixe • C-42 Successfully implementing innovations and evidence in psychiatric practice. How can complex interventions be implemented sustainably? Gitte Herwig Germany • C-43 Evaluating Complex Interventions in Psychiatric Nursing: A Bibliometric Analysis of Methodological Approaches Erman Yildiz Turkey • C-44 Practice development meets personnel development: Strategy concept Pflege 3.0© as a best practice example for the sustainable implementation of complex interventions Michael Ziebold; Gitte Herwig Germany Concurrent C (Seminarraum 2) – Chair Anna Hegedüs • C-45 Managing Complex Mental Health Presentations in the Patients own Home Sinéad Frain Ireland • C-46 Recommendations for the implementation of inpatient equivalent treatment: Results of the process evaluation of the AKtiV study Martin Holzke Germany • C-47 Effectiveness of community mental health nursing in Switzerland: mirror-image analysis of psychiatric hospitalizations Anna Hegedüs Switzerland Concurrent D (Seminarraum 3) – Chair Michael Löhr • C-48 Re-thinking mental health nursing Dirk Richter Switzerland • C-49 Creating space for the voices of Sexual Violence Victim/Survivors in Psychiatric Nursing Education: Use of a Graphic Novella to Support Education Candice Waddell-Henowitch Canada • C-50 Self-Experience and Self-Reflection in Mental Health Nursing: Chances and Benefits Pascal Wabnitz Germany Concurrent E (Aquino Lounge) – Chair Christian Burr • WS-05 User Designed Psychiatric Wards (PSYwithUS) (Workshop) Christian Burr; Sabine Rühle Anderson Switzerland Claude Spiller; Elke Reitmayer Switzerland Claude Spiller; Elke Reitmayer Switzerland
15:00-15:30	Coffee Break
15:30-16:30	Concurrent A (Auditorium) – Chair Michael Mayer • C-51 Habits of Peer Support Workers in German Psychiatry Michael Mayer Germany • C-52 Evaluation of the Recovery College Bern Nora Ambord Switzerland Concurrent B (Seminarraum 1) – Chair Hanna Tuvesson • C-53 Mental health nurse perceptions of their knowledge base of medical care interventions – A training needs analysis Mary Corrigan Irland • C-54 Determination of psychosocial care giving status and competence of intensive care nurses Buse Saygin Sahin Turkey • C-55 Mental Health Problems: perceptions of nurses on somatic wards Hanne Vandewiele; Lindsay Van Belle Belgium Concurrent C (Seminarraum 2) – Chair Georg von Ungern-Sternberg • C-56 The Relationship Between Internalized Stigmatization and Mental Health Literacy Among Syrian Refugees Used Psychosocial Services Gül Dikeç Turkey

15:30-16:30	 C-57 The Effect of Internalized Stigma on Social Integration in Patients with Psychiatric Disorders Funda Gümüs Turkey C-58 Investigation of the factors related to problematic internet use and digital game playing in university students with a structural equality model Hatice Irmak Turkey Concurrent D (Seminarraum 3) – Chair Tomas Petr C-59 Patient-initiated brief admissions in Iceland - a nursing intervention Ragnheiður Bjarman Iceland C-60 Implementing hospital test discharge periods for young adults with mental health problems: a qualitative study Bart Debyser Belgium C-61 Implementation of an Enhanced Referral Pathway for Parallel Mental Health Assessment in the Emergency Department in a Dublin-based University Hospital Michelle O'Donohoe Ireland Concurrent E (Aquino Lounge) – Chair Liesbet van Bos WS-06 Guided Self Determination (GSD) - through a common understanding to more self-determination (Workshop) Susan Munch Simonsen; Izaskun Altemir Garcia Denmark André Nienaber Switzerland
16:30	Change into Auditorium
16:40-17:10	Horatio Fellowship Award
17:10-17:30	Announcement & Invitation Horatio Congress 2026

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Saturda	y, 17 th May 2025
09:00-10:00	Concurrent A (Auditorium) – Chair Martina Dubovcová C-62 Towards a Shared Understanding: Challenges and Opportunities in the Diffusion of Digital Technology in Mental Health Christine Therese Caroline Toreld Denmark C-63 The Meeting Between Healthcare Professionals and Patients with Mental Health Challenges During Cancer Treatment Kim Jørgensen Denmark C-64 Unmet Care in Psychiatric Clinics: A Nurse's Perspective Mizgin Demir Turkey Concurrent B (Seminarraum 1) – Chair Gisli Kort Kristofersson C-65 Evaluation of a brief cognitive behavioural group therapy for distressed female university students; focus group results Johanna Bernhardsdottir Iceland C-66 Experiences of women in mental health rehabilitation Sólrún Óladóttir Iceland C-67 Canadian Women Veterans with Experience Of Homelessness: What supports do they need? Cheryl Forchuk Canada

	Concurrent C (Seminarraum 2) – Chair Lene Lauge Berring • WS-07 Starting the Conversation: Co-Producing the Next Generation of the Brøset Violence Checklist (Workshop) Jacob Hvidhjelm Denmark Lene Lauge Berring Denmark
10:00-10:30	Coffee Break
10:30-11:50	Concurrent B (Seminarraum 1) – Chair Susanna Flansburg • C-68 Curious Collaboration: Implementing, Evaluating, and Refining a Cross-Sector Model for ADHD Rikke Kristensen Denmark • C-69 Working with young people in challenging times. TEJO: a unique project from Belgium Christophe Casteleyn Belgium • C-70 Care needs and health promotion preferences among adolescents and parents of adolescents with mental illness, to support healthy weight development: a qualitative study Annika Nordkamp Denmark • C-71 Adapting the Tidal Model to Child and Adolescent Mental Health Care Ulf Boger; Phoebe Koch Germany Concurrent C (Seminarraum 2) – Chair Jacqueline Rixe • C-72 Mental health care professionals' interactions with individuals experiencing severe mental illnesses, who may exhibit aggressive and/or violent behaviours Hilde Karlsen Sanna Norway • C-73 Dealing with people with borderline personality disorder in non-disorder-specific care – recommendations for practice Jacqueline Rixe Germany • C-74 Assessing supportive interventions for patients with impaired emotional regulation in forensic care Karsten Gensheimer Germany • C-75 An Analysis of the Profiles of Forensic Psychiatric Patients with Compulsory Hospitalization in A Regional Psychiatric Hospital: A Retrospective Study Gil Diker Turkey Concurrent D (Seminarraum 3) – Chair Michael Löhr • C-76 The training continuum, a multidimensional field of tension between different requirements and actors in the training to become a nurse Maria Heuer Germany • C-77 Nursing interventions throughout Hildgard Peplau's theory of interpersonal relationship between the clinical mentor and the nursing students (PMHNS) in Motivational Interviewing: A practicebased educational project Cornelia Schneidtinger Austria C-78 Familing Psychiatric/Mental Health Nursing Students (PMHNS) in Motivational Interviewing: A practicebased educational project Cornelia Schneidtinger Austria
12:00-13:00	Lunch
13:00-13:45	KN-06The role and impact of process evaluation in the evaluation of complex interventions - challenges and opportunities Prof. Ralph Möhler, Düsseldorf, Germany Chair: Jacqueline Rixe
13:45-14:15	Ending Ceremony

Scientific Posters (Digital presentation)

 P-01 The questions on violence (FOV) tool for interpersonal violence inquiry in Swedish healthcare settings – evaluation of content validity, face validity and test-retest reliability

Karin Örmon | Sweden

 P-02 Mental health care for people with a refugee background: a front-line perspective

Jürgen Magerman; Sofie Vindevogel; Yasmine Boumahdi | Belgium

 P-03 Quality Evaluation of Welfare and Healthcare Professionals' perspectives on a Mobile Application for self-harm support: An interdisciplinary questionnaire Survey using the uMARS

Lise Bachmann Oestergaard; Lene Lauge Berring; Ingrid Charlotte Andersen | Denmark

- P-04 Nurses in a self-help and advocacy group for bipolar disorders
 Katrin Engert; Astrid Freisen | Germany
- P-05 Improving the Inpatient Treatment and Care of Adolescents with Anorexia Nervosa

Caroline Pedersen; Jane Clemensen; Ellen Boldrup Tingleff; Mia Lichtenstein | Denmark

 P-06 Supporting parents of children and adolescents hospitalized with an eating disorder in mental health care settings

Line Sørensen; Hanne Agerskov; Mia Beck Lichtenstein; Sara Rowaert; Ellen Boldrup Tingleff | Denmark

- P-07 Time Geography Life Charts as an anamnestic tool within psychiatric and mental health nursing -The experiences of psychiatric and mental health nursing students Lotta Sjögran; Emma Mårdhed; Charlotta Sunnqvist; Karin Örmon | Sweden
- P-08 Leadership Perspectives on Implementing Time Together: Barriers and Facilitators in Psychiatric Inpatient Care

Andreas Glantz; Jenny Molin | Sweden

- P-09 Complex interventions in mental health nursing in Slovakia Martina Dubovcová | Slovakia
- P-10 Clinical Supervision for Mental Health Nurses. Mental health nurse leaders working together to achieve a shared vision

Clare Flanagan; Ruth Finlay | Ireland

 P-11 Men's experiences of abuse form a life course perspective - a time geographic study in a psychiatric care context

Lotta Sjögran, Charlotta Sunnqvist, Karin Sjöström | Sweden

 P-12 Safewards Talk Down & Mutual Expectation Interventions introduction into an Acute Psychiatric unit

Theresa Donegan | Ireland

 P-13 Development of a Co-produced Community-based Psychosocial Sports/Leisure Intervention Programme for people in the Wexford residential MHID services
 Emma Byrne; Michael Mahon | Ireland

Scientific Posters (Digital presentation)

P-14 Transition in psychiatry

Rikke Mortensen | Denmark

 P-15 The Association Between Self-stigma of Mental Illness and Quality of Life of Adults Living with Depression

Refah Alqahtani; Jan R. Boehnke; Clair Gamble | United Kingdom

 P-16 Outcomes of Safewards Implementation in Psychiatric Inpatient Care: Impact on Coercive Measures

Jenny Karlsson; Anna Björkdahl; Naimi Johansson | Sweden

- P-17 Introducing Simulation-based Pedagogy for Mental Health Nursing Students Shony Chacko | Ireland
- P-18 Collaboration in DBT skills groups

Zoe Dillon; Laura Collins | Ireland

P-19 ProLiSMental psychoeducational intervention: Developing a complex intervention to promote adolescent's mental health literacy

Tânia Morgado; Ana Teixeira; Luís Loureiro; Rosa Simões | Portugal

- P-20 Reframing the Art and Science of Psychiatric Nursing through advanced practice Ursula O'Neill | Ireland
- P-21 An Educational Concept for Nurses in Managing Individuals with Impaired Mood Regulation

Karsten Gensheimer; Anna Schindler; Fritz Sterr | Germany

P-22 Mental Health Literacy programme among health undergraduate students: development of a complex intervention

Ana Teixeira; Sónia Martins; Tânia Morgado; Sara Lima | Portugal

P-23 Exploring homecare nurses encounters with patients living with mental diseases
 A study on professional and organizational conditions for homecare nursing in Denmark

Dorte Wiwe Dürr; Anne Bendix Andersen; Anne Dalsgaard Due; Anita Lunde | Denmark

 P-24 Experiences of mental health nurses and patients of improving physical activity in mental health care: a systematic review of qualitative evidence

Merve Ozturk | United Kingdom