Leadership Perspectives on Implementing Time Together: Barriers and Facilitators in Psychiatric Inpatient Care

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INTRODUCTION





Psychiatric inpatient care is from a patient perspective often characterized by loneliness and boredom.

Time Together is a nursing intervention promoting joint meaningful activities

Time Together, however, faces implementation challenges, yet the process is not researched.

AIM

To study how the Consolidated Framework for Implementation Research domains and constructs are conceptualized by mid-level leaders and implementation leads in psychiatric inpatient care during the implementation process of Time Together.



PRELIMINARY RESULTS

Category	Construct
Addresses a lack of care content	Relative Advantage
Staffing and scheduling demands Organizational disruptions	Structural Charact Work Infrastructur
Reinforcing meaningful care	Mission Alignment
Moderate funding requirements Inadequate premises	Available Resource Funding & Space
Ensuring increased understanding	Access to Knowled
Living up to, and being, a leader	Mid-level Leaders
Being a persistent motivator Management support and motivation	Implementation Le
Lack of knowledge Building consensus	Innovation Deliver
Formal and informal follow-ups	Teaming
Setting reasonable goals	Planning
Adjustability of approach	Tailoring Strategies

TAKE AWAYS



There appears to be a discrepancy in the values and attitudes held by leaders and innovation deliverers regarding the content of meaningful care.



Domain			
e	Innovation		
teristics – e	Inner Setting		
es –			
dge &			
eads ers	Individuals – Capability, Opportunity and Motivation		
s	Implementation Process		



Planning for implementation should account for innovation deliverers' values and beliefs and consider the potential need for deimplementing existing norms or practices.





DATA COLLECTION

Semi-structured interviews

Mid-level leaders

Implementation leads

DATA ANALYSIS

"We discussed the content as well... What should we do with our patients except give them pills, so we thought that this was worth trying."

"There were a lot of concerns" from the staff that the patients wouldn't want to or that they wouldn't identify suitable activities, but it became pretty clear that for the most part you do identify activities."

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